



HONDA
Federal Credit Union



2023 Participant Guide

WELCOME

We're excited to welcome you to the 2023 Honda Federal Credit Union Pumpkin Dash 5k. This year we celebrate our 13th year!

This year we are excited once again to partner with Marysville High School Track and Cross Country Teams as our 2023 charity beneficiary. As in years prior, all volunteers will be staffed by coaches, athletes and their parents.

We'd like to thank our title sponsor, Honda Federal Credit Union for again sponsoring this event. Also, First Federal Community Bank, Union Rural Electric, Memorial Sports Medicine, Coldwell Banker, North Main Motors and Ohio Plastic and Reconstructive Surgery.

Finally, a very special thank you goes out to the City of Marysville, the Marysville Police Department, the Marysville Fire Department and the Marysville Parks and Recreation for their continued support and efforts to make this into the most family friendly, community tradition on Thanksgiving Day in Union County.

Thank you for joining us and have a great race!

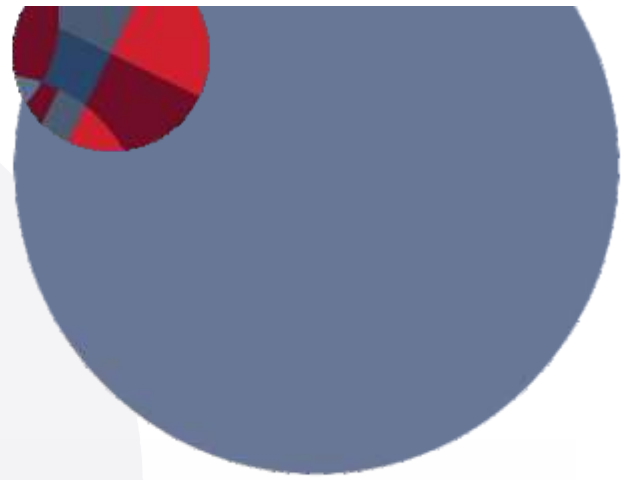
Speedy Sneakers Racing



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pumpkindash5k.com - - Marysville, Ohio



**Good Luck
to all of the
participants
In the Pumpkin
Dash!!!**

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SCHEDULE

Monday November 20

11:00 am to 7:00 pm **Pre-Race Packet Pickup**
North Main Motors
1001 E 5th St, Marysville

If you can't make it on Monday, send a friend with your confirmation. You can find the confirmation in your email, or log into www.runsignup.com to locate it.

Thursday November 23

8:00 am to 9:00 am **Race Day Packet Pickup**
S. Court Street, Marysville

9:00 am Little Pumpkin Dashers
9:05 am 5k Run/Walk Start

Please don't leave your home late. The police will begin to close roads down as we get closer to the start time. Parking could be limited and you will have to walk along way.



NORTH MAIN MOTORS
OHIO 2024
Quality
Dealer of The Year



NO DOGS

NO PETS ALLOWED.

Service animals specifically trained to aid person with a disability under the ADA (American Disabilities Act) are permitted.

PARKING



GPS Directions

Place in your phone the following address

**215 W 5th St,
Marysville**

There is ample parking throughout the Historic Uptown District. Make sure to arrive early. If you leave your home late, you may have to walk far. Please do not park in the Sheriff parking spot at the Union County Courthouse as well as the church near the start / finish area.

Investing in our future members.



Every year, URE and Ohio's Electric Cooperatives (OEC) team up to support our community's youth in a variety of programs. Take advantage of these wonderful opportunities that only your electric cooperative can provide!

HIGH SCHOOL SENIORS URE SCHOLARSHIPS

	4-year-path	
first place		\$2,500
second place		\$1,500
third place		\$1,000
	2-year-path	
first place		\$1,500
second place		\$1,000
third place		\$500

This annual competition recognizes children of URE electric members for their classroom achievements along with their contributions to the community, and their ability to speak in front of a panel of judges.

SOPHOMORES AND JUNIORS YOUTH TOUR JUNE 2024

All-expenses-paid trip to Washington, D.C.

The Ohio's Electric Cooperatives Youth Tour is an annual leadership program sponsored by URE. It's a week long, all-expenses-paid trip to Washington, D.C., that gives exceptional high school sophomores and juniors the opportunity to meet with their congressional leaders at the U.S. Capitol, make new friends from across the state and country, and see many of the famous Washington sights.

FREE FOR ORGANIZATIONS SAFETY DEMONSTRATIONS

The do's and don'ts of electrical safety

This presentation is narrated by URE's safety coordinator and demonstrated by URE line technicians. With "hot" lines and fun props, the team teaches electrical safety to any audience — from elementary schools to professional first responders. Go to ure.com/community/safetyeducation for more information.

START ORDER



In order to ensure you run or walk with participants of your own pace, you should self seed yourself based on your anticipated race pace. Faster runners to the front, joggers in the middle, walkers and strollers towards the rear.

RESULTS AND AWARDS

Top 3 Overall Male and Female (6 awards)

Top 3 Overall Male and Female Age Group (54 awards)

10 and Under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Please stick around for awards, we'll process them as fast as we can. We will be unable to mail awards afterwards.



On race day you will be able to find results by going to the following websites;

www.pumpkindash5k.com or www.speedysneakers.com

Alternatively you can scan this QR code which will also be located on your bib number



PLASTIC & RECONSTRUCTIVE SURGERY

SKIN HEALTH CENTER

www.OhioPRS.com

Offering Reconstructive and Cosmetic Surgery,
and Skin Health Care

Seeking to restore and improve the lives of our patients

112 Morey Drive
Marysville, OH 43040
937.209.3100

TIMING CHIPS AND BIB NUMBERS

When you check-in you will receive a white envelope. Your envelope will have your name on it and inside the envelope will be your bib number, timing chip and two orange twist ties. You will need to use the twist ties to attach the timing chip to one of your shoes (see photo sequence below). Please DO NOT attach the chip to your shoe with your shoes laces as this can break the chip and cause you to not receive a time.

The timing chips are reusable. We will be collecting them at the end of the race.



Your shoe tag will serve as your "ticket" at the end of the race to receive a medal.

We want to ensure that only registered and participating individuals receive a medal.

This event will be chip timed. Two times will be provided in the results. A "Chip Time" and a "Gun Time".

Chip Time - Is your actual time and starts when you cross the mat at the start and ends when you cross the mat at the finish.

Gun Time - Is calculated when the horn/gun sounds at the start of the race and ends when you cross the finish mat.

We will be using gun time to score and assign your finish position. If you want to be considered for any awards you should position yourself as close to the front of the starting group as possible. This complies with

USATF Rule 245.3 - regarding transponder timing - "the actual time elapsed between an athlete reaching the starting line and finish line can be made known to the athlete, but will not be considered as official time. In short, official time per USATF rule is gun time."



Memorial

SPORTS MEDICINE

COURSE MAP



FIRST FEDERAL COMMUNITY BANK



Personal &
Business Banking



Online & Mobile
Banking



Mortgage Lending
USDA, FHA, VA, &
Conventional



Consumer Lending
Car, Personal, Equity
lines & construction



Commerical & Ag
Lending



251 COLEMAN'S CROSSING BLVD
MARYSVILLE, OH

www.ffcb.com | www.needpreapproved.com

MORE INFO
937.642.3421



Member
FDIC

QUESTIONS AND ANSWERS

Q: Can I pickup race packets for my team members?

A: Yes you can but please bring their confirmation email with you.

Q: I am coming from out of town, will there be race day pickup?

A: Yes, race day pickup will start at 8:00 a.m.

Q: How long is the Little Pumpkin Dasher Kids Race?

A: The first event, for kids aged 4 and under is approximately 100 yards long while the second event for the kids aged 5 and older the distance is approximately 200 yards.

Q: Where can I park?

A. There are numerous public parking lots available in the Historic Uptown District. In addition you can park on the street at the designated parking spaces.

Q. How early should I arrive?

A. We recommend arriving at 8:00 am for two reasons. 1) Soak in the energy of the morning and 2) This will ensure you arrive in time for the start as road closures will begin to close down at 8:30 am. You will have to walk a lot further to the event.

Q: My shoe tag number does not have a number or has a number that does not match my bib number?

A: Shoe tag numbers and bib numbers do not need to match your bib. Just make sure you have the correct envelope. The envelope has your name on it.

Q. Can I place my shoe tag in my pocket or on my bib number?

A. No, the shoe tag must be properly and securely placed on your shoe.

Q: What do I do with my shoe tag at the end of the race?

A: Your shoe tag is your "ticket" to receive a medal at the end of the race. When you finish you will turn in your shoe tag and will receive a finishers medal. **No Shoe Tag = No Medal.**

**Jog over to talk to an
agent**



**Looking to Buy, Sell, or Invest
Call our office today at
(937) 642-3333**



COLDWELL BANKER REALTY



Honda Federal Credit Union is a Proud Sponsor of the 2023 Pumpkin Dash

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